



JPIC DELHI PROVINCE



Newsletter No. 3

January- April 2022

MOUNT ST. MARY'S, LALPUR

"If you have knowledge, let others light their candles at it" - Margaret Fuller

I consider it as my proud privilege to share with you all about the newly formed JPIC Club in our school. Of course it is different and unique in many ways from other club activities of Mount St. Mary's convent college. Having realized the need of the hour i.e to care for our common home we, the members have voluntarily opted to work for this noble cause.

We have our regular meetings in which we have short reflections and discussions on various causes of global warming. Apart from this the club members get opportunities to attend online webinars which are organized by the sisters of the Congregation of Jesus. All these programs have broadened our awareness in this regard.

Now we leave no stone unturned in our efforts to keep our surroundings clean and pollution free. The members of this club under the guidance of the teachers have drawn up an action plan to keep our campus clean and eco-friendly. The action plan consists of the following points:

- Say 'NO' to the use of plastic bags.
- No plucking of flowers and leaves from the school garden.
- No littering the ground/classrooms with sweet wrappers foil papers and other waste materials.
- No use of thermocol in the school campus.
- No junk food for tiffin.
- Use water judiciously.
- Plant a sapling on birthdays.
- Minimum use of fire-crackers at festivals.
- Encourage the use of eco-friendly colours at festivals.



It is heartening to see that every member is very enthusiastic about doing her/his bit in protecting our Earth.

This year the JPIC club took the initiative to celebrate the Labour Day. At the outset the teachers welcomed our workers with Tikkas. During the assembly they highlighted the importance of the day and also appreciated the hard work and dedication of the workers who toil hard to keep the campus clean and green. They also prayed for them and their families. At

the end of the assembly Sr. Rayna addressed the gathering and thanked the workers for all their loving services to Mount St. Mary's. Thereafter Ladoos were distributed to them to sweeten their special day. All felt happy and proud about the celebration as it was the first time they were acknowledging the service of the workers

ST. FRANCIS', JHANSI

My Pad, My Responsibility!

How would you feel, if you see an openly disposed sanitary napkin come your way? Would you like that sight? What do you think, will it affect your health in any way?

We all must have heard, read and participated in activities that signify the use of sanitary napkin for a woman, the choice of a sanitary napkin over a cloth and the hygiene concerns that accompany it. But this time, JPIC at SFC decided to divert this concern to another stream of it. And which is; a complete and safe disposal of a used sanitary napkin. This time we threw light upon the hazardous effects of disposing an uncovered sanitary napkin open air.

We all know, literacy may come through education, but behaviour comes through values. Aiming at the same, we the coordinators of JPIC at school, along with all the teachers carried out an awareness programme on safe disposal of a used sanitary napkin by emphasising on covering the used napkin before dumping in the dustbin.

To mark this day, on 21st Feb. 22, students of classes VI-XII carried out an activity by making envelopes using newspapers which would now onwards be used by them to cover their pads before disposing. As-

- * Rag-pickers often handle these sanitary products with their bare hands and can easily become infected, in case the blood belongs to HIV positive person.

- * The blood on the pads can collect pathogens, and these can not only infect the soil but also the water supplies in the city.

- * The cleaning staff at school, college, theatre, train toilet, airports and other public places, gets ashamed of picking openly disposed used napkins in the toilets.

Understanding the above concerns, students openly discussed about their responsibility on safe disposal of used sanitary napkin and welcomed this idea with open arms. Nowadays, we're observing our students carrying an envelope along with a pad.

Small initiatives can bring about a great change.



Mother Earth- Immediate Action!

On 22nd April ,22, our school marked the 'Earth Day' by presenting morning prayer assembly and conducting several competitions. The programme begun with speeches, in which JPIC members introduced the theme and highlighted the importance of the day. They emphasised on the immediate need for actions that would help heal mother earth. Competitions such as

slogan-writing and digital photography were also conducted. Selected students came up and spoke their slogans aloud and appealed to everyone for necessary actions that all can take now. Students enthusiastically took part in photography competition in which they captured moments from the nature where nature is blushing in its peaceful attire. They emphasised on not disturbing its peace, rather make efforts to its natural jewels intact. Later on, students presented a 'mime act' in which they depicted all the wrong actions done by us in our daily life such as; wasting water, wasting electricity, carbon emission and animal hunting. They also showed ways and means as to how we can limit and reduce such activities that hamper the resources of the earth. To build up motivation in students, the winners of the competitions were awarded several prizes.

ST. JOSEPH'S SCHOOL - PURANPUR

An online meeting was held on 26th January, Republic Day to discuss the problems related to environment and their solutions.

Sr Amita, Mrs. Vandana and Mrs Komal Gupta and the student members of JPIC were present for the same. Sister Amita addressed the students on the importance of taking care of the environment. She also asked students to keep the surroundings neat and clean.

Mrs Komal Gupta threw light on the fundamental duties and the rights of the citizens of the



country. Further Mrs Vandana discussed about the problems related to environment and their probable solutions.

During the school assembly Class 7 students delivered a short speech on various topics such as Water Pollution, Say No to Plastic, Global

Warming, Growing Population. To raise awareness. environmental issues were highlighted with the help of charts.

JPIC team members took the initiative to plant saplings in their own terrace garden. On 23rd February students of classes 7A and 7B planted few saplings in the school garden.



Save plants and
it will save you

ECO- FRIENDS ST. MARY'S JHAJJAR - ACTIVITIES

January 2022:

- Gandhiji Our Role Model
- On-line assembly. Recalled some of Gandhiji's eco-friendly actions.

February 2022:

- Club met to study the inter-relationship among Justice, Peace and Integrity of Creation (JPIC)

April 2022:

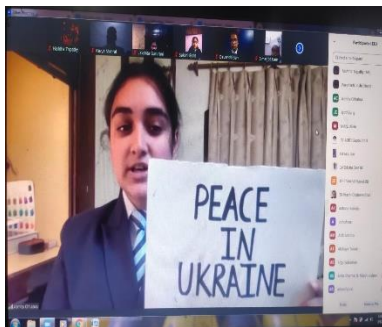
- A day of orientation on Sustainable Developmental Goals (SDGs)



ST- MARY'S - NAINITAL

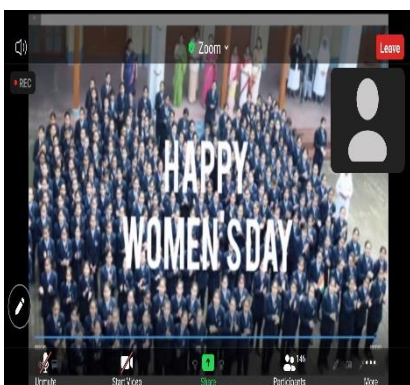
The month of January marked the celebration of the International Day of Education. The day was observed by propagating information through a video message, discussing this year's theme for the International Education Day– ***"Changing Course, Transforming Education"*** and elucidating the significance of education and its correspondence with the Sustainable Development Goals. Thus, delivering a powerful message.

In the month of February, JPIC acknowledged the 60th session of the Commission for Social Development (CSocD60) which took place largely online from 7 to 16 February 2022 at the UN Headquarters in New York. This occasion was also recognized by JPIC through a video displaying this year's prioritized actions for the commission by the United Nations as well as illuminating the solutions to ***'end poverty' and 'zero hunger'***. Hence, edifying us with a potent message. The JPIC Magnet Club also targeted the Laudato Si' Goal 1- "Response to the Cry of Earth" by making Best Out of Waste products and presenting it through a video presentation enabling students to give their innovation and creativity a shape. Also, raising awareness about the conservation of nature by bringing forth the benefits of this activity to different sectors of our society.



The JPIC MAGNET CLUB SMC NAINITAL conducted a prayer assembly to restore peace throughout the world, specifically keeping the situation of Ukraine and Russia in mind. The meeting commenced with an introduction followed by a briefing on the history as well as the present situation between Russia and Ukraine.

Banners bearing the headings 'peace in Ukraine' and 'stop the war' were held up to have a greater impact on the audience. This was followed by an evoking message from our principal, Sr.Manjusha CJ. The assembly was concluded with a song, 'We see a peaceful world' followed by the enlightening words of JPIC coordinator Sr. Deepti CJ who appreciated the efforts of the teachers and students to conduct an assembly for a noble cause.



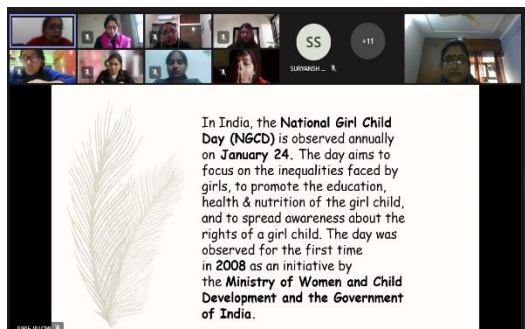
The club also conducted a special assembly to celebrate the prestigious occasion of International Women's Day wherein all the schools of Mary ward family came together online. The power point presentation disseminated a powerful message of how women have fought for equality in male-dominated professions. An interactive session with India's Fastest lady biker, Ms. Kalyani Potekar was awe inspiring. We were also privileged to listen to the words of wisdom from Mrs. Kawaljeet Kaur, our sisters and teachers.

The International Day for the Elimination of Racial Discrimination is observed annually on 21 March. On that day, in 1960, police opened fire at a peaceful demonstration in Sharpeville, South Africa, against the apartheid pass laws. The day was observed by the club through a video portraying the theme for this year's International Day for the Elimination of Racial Discrimination– 'VOICES FOR ACTION AGAINST RACISM' and elucidating the day's significance. This day reminds us to use our voices to stand up against all kinds of racial injustices that we witness in the world as well as confront implicit and explicit racial biases within our own selves.

22 April marked the celebration of International Earth Day. This day is intended to be a reminder that ***"the healthier our ecosystems are, the healthier the planet – and its people"***. The **theme for Earth day 2022 is 'Invest In our Planet'** calling for businesses to shift toward sustainable practices. This movement is expected to change the business climate, the political climate, and how to take action for the climate. This day was acknowledged by the JPIC club through a video presentation propagating a potent message, highlighting the importance and significance of the day and the actions one can take in contributing to the conservation of Earth's natural resources. A poem was and short speech was given by Ms. Nishta Tripathi during school assembly.

ST MARY'S SR. SEC SCHOOL, MAYUR VIHAR

The JPIC Club in St. Mary's Senior Secondary School, Mayur Vihar ever since its initiation in the school has been trying every way to live up to its values.



January - In the month of January the club had its Club meeting in which students were reminded about the principles of Peace and non-violence by the father of our nation – Mahatma Gandhi. There was also an awareness raising on the UN day- World Education Day which was observed on 24th January. In the meeting the power of girls/ National Girl Child day was pondered upon-commemorating Mother

Mary Ward's work, life and sayings.

Activity:

- **Photography:** To take any picture around you from nature or your surroundings through which you would like to give a message.
- **Pledge:** Through these pictures they were also supposed to take a pledge for the year as a JPIC member for the environment.



Students wholeheartedly participated in these activities and submitted their pledge and photographs vouching to protect the environment.

February- March --- Adopting a Slum- Activity

Our School has adopted a slum in Khichripur JJ Colony. A few teachers and students paid a visit to the less fortunate in the month of March. Contribution of Grocery items, stationery and other needful things were donated to these people. Students and teachers contributed towards this cause.



A special assembly on International Women's Day was aired on our YouTube channel- E- Marians.

April- Earth Day celebrations- Students were made aware of the importance of 22nd April- Earth Day.

Activity: As part of this celebration, Students took a pledge in the school assembly, by putting forward a sapling and raising high their placards with their class slogans.

- A quiz on the topic- '**Phasing out single use plastic**' was conducted and the winners were rewarded a sapling for a right answer by our Principal Rev. Sister Merlin C.J.
- Our JPIC Club members contributed thought-Provoking posters for this cause.
- A photography competition was also conducted as part of the Earth Day celebrations.

Our Principal Rev Sr. Merlin congratulated everyone for their participation and contribution in all the activities.



ST. ANTHONY'S, JEOLIKOTE

रिपोर्ट

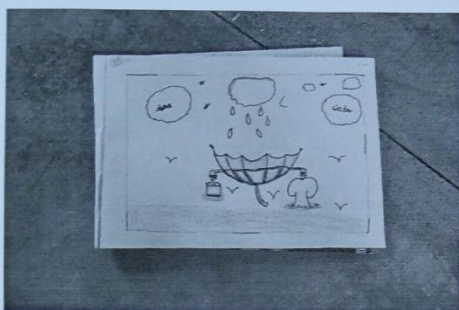
“घरती की स्वच्छता से अब नाता जोड़ो
प्लास्टिक का उपयोग करना अब छोड़ो”।।

दिनांक 28.01.2022 को J. P. I. C. के सदस्यों की मीटिंग का आयोजन किया गया। मीटिंग के दौरान बच्चों को कागज बैग की जानकारी दी गयी। छात्र/छात्राओं को पर्यावरण को प्लास्टिक बैग से वातावरण में होने वाले दुष्प्रभाव के विषय में जानकारी दी गयी। साथ ही पुराने समाचार पत्रों के द्वारा किस प्रकार बैग बनाये जाये इस प्रक्रिया को बताया गया। इन कागजी बैग के ज्ञान के द्वारा बच्चों को पर्यावरण को स्वच्छ बनाने के विषय में जानकारी दी गयी। के समस्त छात्र/छात्राओं द्वारा उत्साहपूर्वक इस कार्य को सम्पन्न किया गया।

मीटिंग में छात्र/छात्राओं को बताया गया कि हमें सब्जियों, बेकार भोजन, प्लास्टिक व अन्य वस्तुओं को खुली जगहों तथा नालों में नहीं फेंकना चाहिए। बल्कि कागज के बने बैगों में डालकर उन्हें कूड़ेदान में ही डालना चाहिए। बच्चों को उनके स्वयं के विचारों को भी जानने का प्रयास किया गया।



जल संरक्षण पर चर्चा



दिनांक 26.02.2022 को J. P. I. C. के सदस्यों की मीटिंग का आयोजन किया गया। मीटिंग में छात्र/छात्राओं को जल संरक्षण के विषय में जागरूक करने का प्रयास किया गया। छात्र/छात्राओं को आवश्यकतानुसार जल का प्रयोग करने तथा किस प्रकार से वर्षा के जल को संग्रहित किया जाय यह चर्चा का मुख्य विषय रहा। छात्र/छात्राओं को समझाया गया कि जल जीवन के लिए कितना आवश्यक है। छात्र/छात्राओं को जल को संचित

करने के उपायों से अवगत कराया गया। घर में छोटे-छोटे कामों को करते समय किस प्रकार हम पानी को बर्बाद होने से बचा सकते हैं यह बताया गया। जैसे बर्तन धोते समय, मुँह धोते समय नल का प्रयोग तब ही करें जब जल की आवश्यकता हो, वाहन धोते समय, नहाते समय पाईप या शावर का प्रयोग न करें। इस प्रकार हम अपने घरों में ही पानी को बर्बाद होने से बचा सकते हैं।

